NUS HIGHIS VIRIUAL CCAEAIR 2021

<u>preface</u>

Welcome to NUS High's virtual CCA Fair!

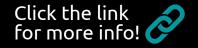
The CCA fair is an annual tradition, with each club setting up booths and performances for our new students to enjoy. Candy and stickers doled out to eager hands, gliders and planes soaring overhead, Robotics Club's latest creations roaming the concourse, and – at the peak of the excitement – a flash mob headed by the Dance Club, amidst a medley of Mass Dance songs.

As the circumstances this year call for a deviation from normalcy, this E-brochure provides an overview of the various CCA options available in NUS High School, along with links to additional information such as video performances and achievement records of each CCA group.

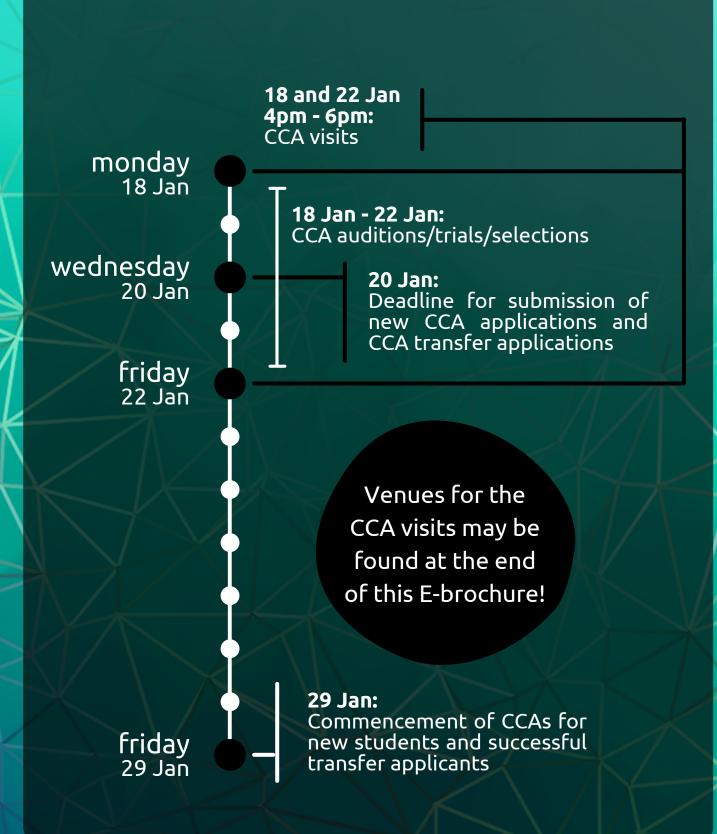
You can also watch a video showcasing the CCA experience that NUSH students can look forward to **here.** (Click on the link!)

On **Monday 18th January** and **Friday 22nd January**, from **4.00pm to 6.00pm**, students are encouraged to roam the school and visit the CCA groups at their various venues to watch them in action and attend any trials/auditions. They will be given the opportunity to observe what CCAs do, interact with members, audition for their CCAs of choice, and ask questions to clarify their doubts.

As CCA is an integral part of the student development journey in NUSH, we hope all students make an informed choice. Please have a thorough read, and we wish you all the best!



schedule



Crisp, fresh air rushes into your lungs. Adrenaline courses through your veins as your footsteps seem a little faster, a little stronger, a little more confident. Your muscles pulse and your heart races even as you come to a stop.

You have arrived at the Sports division.

sports

Click on the icon beside the CCA name to view their Instagram page!



Click on icons beside the CCA names to view their materials!



table tennis

Do you know want to learn how to smash, slice or spin? Join us to hone your speed and agility alongside our experienced seniors in a nurturing environment. Attack the ball with gusto and win, one point at a time.



"Ping pong ping ping pong."

why join us?

- A competitive team sport (consisting of singles and doubles).
- Improve your skills-related fitness components.

badminton



"Can you make a bird fly?"

Not for the faint of heart, badminton is the world's fastest racquet sport.

why join us?

 Learn the rules, and develop the spirit and etiquette of the sport!



"Life is better with goals."

netball

We are simply the most 'lovable' CCA in NUSH. We strive to improve each session, with passion and fierce determination.

why join us?

- We grow as a team and excel as a team!
- Our netball family is full of fun, spirit and joy!

water sports

Q: What do you get when you combine basketball, canoeing and water polo? A: Canoe Polo!

We are a small family of about 20 players who love getting fit and having lots of fun together!



"Drop one goal."

- Only open to Y5 & Y6 students.
- Get stronger and have fun!
- Great communication and teamwork!

basketball

We are a passionate group of basketball players who stop at nothing to improve not only ourselves but also members team through rigorous training and strong camaraderie.

why join us?

• Tough but fruitful training sessions.



"Life's a ball."

- Teammates who suffer, learn and win with you.
- A great coach!
- Cool basketball jerseys!

tennis 🔗



We are a group of active and determined students with a passion for the exciting and dynamic sport of tennis. Our CCA provides a wide range of opportunities such as weekly trainings with the coach, interschool competitions, friendly matches with other schools and many other bonding activities. Whether you are an experienced competitive player or a new recreational player, don't hesitate to join us!



"Love it. Serve it. Smash it."

- Weekly trainings with coach to sharpen your tennis skills.
- Inter-school competitions and friendly matches with other schools that enrich your experience and enhance your team spirit.
- Fun bonding time with the Tennis family!



"Life begins at the end of your comfort zone."

ODAC

We are a group of sports enthusiasts who never stop pushing ourselves to the limit, and we overcome all challenges as a team.

why join us?

 We immerse ourselves in sports across a wide range such as: rock climbing, cycling, outdoor cooking, kayaking and various ball games!

track and field

Running is a deceptively simple task. If you want to push your limits and challenge yourself like no other, there is no better place to do so. We consistently have runners in national finals every year. Are you down for this?



"The pride we gain is worth the pain."

- Get trained by an ex-national sprinter!
- Keep yourself fit and healthy!
- Full of fun and energy!



"Football is played with the head. Your feet are just tools."

🤣 football

A challenging sport that improves both your coordination and physical fitness. Imagine the adrenaline rush of dribbling the ball past the defenders and the goal keeper!

- Intensive training sessions that keep you fit.
- Exposure to external coaches and players.
- Challenging matches and friendly tournaments.
- Get a chance to play against your teachers!

uniformed groups

Loud, rhythmic thuds precede the rows of uniform-clad members marching in unison. The air buzzes with activity as life-saving demonstrations, rifle drills, and tents incite a sense of urgency. Pride and responsibility well up in your chest.

You have arrived at the Uniformed Groups Division.

Click on the icon beside the CCA name to view their Instagram page!



Click on icons beside the CCA names to view their materials!





"Pro FIde, Pro Utilitate Hominum."

Although St John Brigade (SJB) has made its mark for over 900 years, our core tenets have never changed. We provide cadets with an enriching gamut of courses that nurture them into reliable First Aiders and engage in meaningful VIA projects to give back to the community.

scouts



worldwide Scouting is а movement that aims to contribute to the development of youth in achieving their full potential holistically, so that responsible they become citizens and members of their local, national and international Although communities. Scouting has been around for a hundred vears Singapore, we are still at the forefront of developing scouts into constructive members of society.

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St.John Brigade

why join us?

- Learn first aid and home nursing.
- Cultivate discipline through foot drills.
- Grow through leadership and life-saving courses.
- Enjoy many opportunities for public duties.
- Learn new skills through the Cadet Proficiency Badge Scheme.



"Life without adventure would be deadly dull."

- Learn practical life skills such as first aid, pioneering and camping.
- Gain leadership abilities when planning for various activities.
- Participate in different camps/jamborees and meet other scouts from Singapore and around the world.

National Cadet Corps



"Train to Push, Push to Lead, Lead to Serve."

NCC is wellestablished uniform group that builds up cadets mentally and physically through military-related activities to produce world-class youth leaders who are ready to face challenges in the future.

- Team bonding games.
- Urban operations (clearing terrorists!).
- 3D2N annual school camp.
- PDS (rifle twirling).
- Amoy Quee campus camps (rappelling, high elements, paintball, archery).
- Physical training.
- Drill training.
- SAR 21 rifle live firing.
- Mount Ophir overseas expedition.
- Basic diving course.
- International cadet exchange programmes (eg. desert trekking in India).
- Values-In-Action programmes (eg. Mangrove cleanup).

<u>performing</u> <u>arts</u>

Lilting melodies and lyrical song from ahead accentuate the dance of swirling red silk. Somewhere, a distant symphony crescendoes and crests, with a majesty rivalled only by that of the theatrical wonders unfolding onstage.

You have arrived at the Performing Arts division.

Click on the icon beside the CCA name to view their Instagram page!



Click on icons beside the CCA names to view their materials!







"A choir, a family, a home." Our choir is a place full of passion for anyone who wants to come together to make beautiful music, learn, and grow! Joining choir will definitely be one of the best decisions you'll make here in NUSH! Come for tryouts at Seminar Room 2B on 18th and 22th Jan!

choir

why join us?

- Fun CCA sessions every Monday and Friday at Seminar Room 2B.
- Perform together all year round, both in school and at external events!
- Win Distinctions SYF, like we did in 2017 and 2019!
- Be part of a warm and supportive family!

dance 🔗



why join us?

- external Internal and performance opportunities.
- Boost your confidence and have fun at the same time!
- Bonding activities, camps and VIA!



"To watch us dance is to hear our heart speak."

Dance; a perfect mixture of sports and arts. Expose yourself to a wide variety of genres contemporary to hip-hop and K-pop.



"Duty performed beautifully, beauty performed dutifully."

why join us?

Members will gain:

- Performance and production skills.
- Exposure to various theatrical styles, scriptwriting and stage management concepts.
- A deeper understanding of themselves and of humanity.

©∂drama

"Theatre develops the performance while Drama develops the person."

Want to shine like a star? Or do your talents lie in behind-the-scenes production? Fret not, join us and we'll find an outlet for your talents!

chinese orchestra



why join us?

- Opportunity to perform in both internal and external performances and competitions such as the Singapore Youth Festival (SYF).
- Choose from a large selection of instruments to learn.
- Potential for leadership development.
- Regular bonding activities.



"Performing music that touches the heart."

Take the opportunity to learn and appreciate some unique musical instruments; perform music of different genres! Join us in the amazing journey through music and bonding with the close-knitted Chinese Orchestra family!

school orchestra



"Many sounds. One heart. One orchestra."

why join us? Members will:

- Foster music appreciation and understanding (cultural).
- Have an avenue for emotional expressions (recreational).
- Develop into intuitive and discriminating listeners (educational).
- Lend color and atmosphere to community (service).
- Interact positively as responsible members (citizenship).

"Many Sounds, One Heart, One Orchestra!" We are an integral part of school and one of the most active CCA groups - under the guidance and baton of Dr Emilia Wong, Head (Music & Art). Join us to receive the unique "orchestra experience" that will make your school life enriched, meaningful and memorable.

clubs and societies

A camera pans in on the robots which manoeuvre with mechanical precision, interrupted by the occasional, deliberate thud as a pawn is placed. You tear your eyes from the riveting discussion nearby, gazing instead at a remote-controlled plane which soars through the night sky and leaves a trail of constellations in its wake.

You have arrived at the Clubs and Societies division.

Click on the icon beside the CCA name to view their Instagram page!

Click on icons beside the CCA names to view their / materials!







"Eat. Sleep. Astronomy."

astronomy

The astronomy club presents a good opportunity for those who are interested in observing the night skies and learning more about the cosmos.

why join us?

- Exciting weekly practical sessions to gaze at the sky through high power scopes!
- Lessons for aspiring astronomers and physicists by enthusiastic seniors.
- Lots of opportunities to represent the school in Astro competition.

media

"Your Event, Our Passion, Every Detail Matters."

Photo. Video. AV. These three combined unite us as one CCA - Media. We capture life, create art, preserve memories.



"3 sectors. 2 perspectives. 1 CCA."

- AV: Expect to work with professional-grade event equipment which most people would never even have seen before.
- Videography: You can explore and gain valuable skills in the production of videos from start to finish, giving you a good glimpse into the film industry.
- Photography: You can develop a passion for the art of photography ranging from phototaking to photoediting.

"All geared up."

robotics

In Robotics Club, we learn construction and programming through fun & engaging missions. We bond together through self-initiated projects and competitions.



why join us?

- Showcase your critical thinking skills in various competitions or explore the endless possibilities with projects that you are passionate about!
- If you have a drive for Robotics, do join us!

debate PPP



"Defend the truth well. Every word counts."

At the Debate Club, we believe in the power of using words to motivate, persuade and entertain the audience. We hone our skills to allow our members to articulate their opinions and engage in discourse on major issues around the globe.

- Learn about pertinent world issues.
- Hone your debating skills.
- Participate in debating competitions.
- Improve your speaking skills, vocabulary and current affairs knowledge through both virtual and on-site activities.
- Give back to society by providing free public speaking workshops.

youth 6000 flying club

why join us?

- Joyrides in the RSAF's C-130 and Chinook, as well as SYFC's DA-40.
- Entitled to special courses held by SYFC.
- Compete in an annual flying competition.
- Design, build and fly your own flying machines.
- Have fun!



"Fly with precision, Glide with accuracy."

We are a group of passionate students interested in all things related to flight! Members get to explore their flying, in ranging from interest hand-thrown gliders, buildina to remote-controlled planes OΓ quadcopters (drones)! Members will also be taught basic aerodynamic concepts to broaden their horizon into the world of flight!

chess

why join us?

- Trainings by expert coaches.
- Numerous individual and team competitions.
- Many achievements to be won!



"When you see a good move, look for a better one."

The Chess Club offers three intellectually stimulating mindsports: International Chess, Chinese Chess and Weiqi.

and last but not least...

this e-brochure was brought to you by





journalism

The NUS High Journalism Club chronicles the school's history, writes creatively and produces podcasts reviewing movies, books and music.



"Write something worth reading."

- Develop your writing skills for a variety of purposes and audiences.
- Gain access to writing competition opportunities.
- Collaborate as a group to raise the literary consciousness of the wider school community.
- On-site CCA sessions are held once a week every Monday; the Friday session is for you to plan, write and submit assignments online.
- Find a quiet haven amongst a group of warm, book, movie and music aficionados.

postscript

As you stumble to the end, the path forward forks into a labyrinth of sprawling trails which stretch as far as the eye can see. Yet you are far from lost, and the journey doesn't seem quite so scary anymore.

Where will you go? What will you do?

The choice is yours.



venues

CCAs Venues on 18 Jan (Monday)

Clubs

Astronomy Club N.A.

Chess Club Blk E Level 5 classrooms, E5-08, E5-10, E5-11, E5-12, E5-13

Debate Club Blk E Level 2 classrooms, E 2-13, E-14, E-15, E-16, E2-08, E2-09

Journalism Club Classroom B5-12

Media Club Com Lab 1, 2, 3, 5, Hall and Audi control rooms

Robotics Club BLK D Level 1, MG21101 classroom

Youth Flying Club D&E Lab, D2-03, D2-04

Sports

Badminton Indoor Sports Hall (ISH)

Basketball Basketball Court

Netball Netball Court (L5)

ODAC Concourse / Outside of school

Football School Field (or Concourse in case of wet weather)

Table Tennis School Hall

Tennis Court (L6)

Track School Track

Water Sports N.A.

Uniformed Groups

NCC Concourse/E1-07

Scouts E1-08

SJB E1-14 and E1-15

Performing Arts

Dance School Hall (Blk F L2) & Area outside Audi lift landing

Drama Auditorium (Blk A, L4)

Chinese Orchestra CO Room (Blk B L5)

Choir Seminar Room 2A, 2B (Blk B L6)

School Orchestra Theatrette (Blk F L1)

teacher ICs

CCAs	Teacher ICs + Emails
Clubs	
Astronomy Club	Mr Yuen Xiang Hao: <u>nhsyxh@nus.edu.sg</u>
	Mr Tan Guan Seng: <u>nhstags@nus.edu.sg</u>
Chess Club	Mr Ku Ching Ming: nhskcm@nus.edu.sg
	Mdm Latha: <u>nhspal@nus.edu.sg</u>
Debate Club	Mr Dustin Chin: nhsckyb@nus.edu.sg
	Mr Eric Valles: <u>nhseftv@nus.edu.sg</u>
Journalism Club	Ms Caroline Gordon: <u>nhscarol@nus.edu.s</u> g
	Ms Yuen Lilin Sharalee: <u>s.yuen@nus.edu.s</u>
Media Club	Mr Xie Chuanling: <u>nhsxc@nus.edu.sg</u>
	Ms Lim Jia Hui: <u>nhsljh@nus.edu.sg</u>
Robotics Club	Mr Andre Jusuf: <u>nhsaj@nus.edu.sg</u>
	Ms Yenny Wijaya: <u>nhsyw@nus.edu.sg</u>
Youth Flying Club	Mr Clifton Soh: <u>nhssksc@nus.edu.sg</u>
	Mr Low Chin Han: <u>nhslch@nus.edu.sg</u>
Sports	
Badminton	Mr Goh Shu Liang: <u>nhsgsl@nus.edu.sg</u>
	Dr Low Kai Leng: <u>nhslowkl@nus.edu.sg</u>
Basketball	Mr Chia Vui Leong: <u>nhscvl@nus.edu.sg</u>
	Mr Lin Kuibin: <u>nhslk@nus.edu.sg</u>
Netball	Ms Melissa Chin: <u>nhsclpm@nus.edu.s</u> g
	Ms Jasmine Wong: <u>nhswstj@nus.edu.sg</u>
ODAC	Mr Dominique Tse: <u>nhsndty@nus.edu.sg</u>
Football	Mr Lim Yeow Heng: <u>nhslyh@nus.edu.s</u> g
	Mr Claude Chua: <u>nhscesc@nus.edu.sg</u>
Table Tennis	Mr Keefe Loke: <u>nhslkf@nus.edu.sg</u>
	Mr Wang Haibin: <u>nhswh@nus.edu.sg</u>
Tennis	Ms Tong Boon Yee: <u>nhstby@nus.edu.s</u> g
	Mr Lim Teng Hong: <u>nhslth@nus.edu.s</u> g
Track	Mr Fan Kai Ming: <u>nhsfkm@nus.edu.sg</u>
	Mr Alex Kwee: <u>nhskyta@nus.edu.s</u> g
Water Sports	Mr Jeryl Sim: <u>nhssty@nus.edu.sg</u>

teacher ICs

CCAs Teacher ICs + Emails

Uniformed Groups

NCC Mr Lee Siak Cheong: nhsleesc@nus.edu.sg

Mr Chua Chin Haw: nhscch@nus.edu.sg

Scouts Mr Chan Yu Ming: nhschany@nus.edu.sg

Mr Leonard Lim: nhsljyl@nus.edu.sg

SJB Mr Wu Jiong: nhswj@nus.edu.sg

Dr Julien Maury: nhsmjjp@nus.edu.sg

Performing Arts

Dance Ms Geneva Koh: nhskwb@nus.edu.sg

Dr Li Wei: nhslw@nus.edu.sg

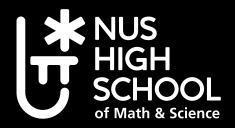
Drama Mdm Asrina: nhsasri@nus.edu.sg

Chinese Orchestra Ms Genette Koh: nhskohm@nus.edu.sg

Choir Ms Mariko Gomez: nhsemg@nus.edu.sg

School Orchestra Dr Emilia Wong: nhswonge@nus.edu.sg

Head of PE and CCA Ms Angela Loh: nhsllka@nus.edu.sg





> echo "virtual cca fair 2021"_